# Volunteer Role Profile

# Volunteer First Aid Trainer

About East Anglian Air Ambulance

We are a [365 day-a-year lifesaving service](http://www.eaaa.org.uk/about-us/) working across Bedfordshire, Cambridgeshire, Norfolk and Suffolk. Since [the charity’s launch in 2000](http://www.eaaa.org.uk/about-us/history/how-we-started/), the dedicated, highly skilled medical crews on our [specially equipped helicopters](http://www.eaaa.org.uk/air-ambulance/helicopters/) have helped to [save the lives of hundreds of people](http://www.eaaa.org.uk/air-ambulance/rescue-stories/) unfortunate enough to be involved in accidents or medical emergencies in this region.

About our First Aid Courses

Every year approximately 12,000 people in the East of England suffer a cardiac arrest whilst at home, work or play. Only about 40% of these receive any form of bystander cardiopulmonary resuscitation (CPR) before the arrival of the ambulance service and less than 20% have a defibrillator deployed. Early bystander CPR trebles the chances of surviving a cardiac arrest. Coupled with the early use of a defibrillator this can improve survival rates from 2% to around 40-70%. East Anglian Air Ambulance aims to save more lives and minimise the impact of trauma and medical emergencies in the community. To achieve this we are delivering first aid training to workplaces and community organisations across East Anglia.

About this role

Due to the incredible demand for our First Aid Courses, an exciting opportunity has arisen for volunteers. We are seeking people willing to become Volunteer First Aid Trainers to deliver our free 1-hour Basic Life Support course to community groups across Norfolk, Suffolk, Cambridgeshire and Bedfordshire.

Ideally, you’ll already have an understanding of First Aid, but this is not essential. You’ll receive training from one of our Critical Care Paramedics in how to deliver the course and ongoing monitoring and support will be provided.

What will I be doing?

* Delivering our free Basic Life Support training courses to community groups across the county in which you are based.
* Liaising directly with community groups via phone or email, informing them about the course, taking bookings and ensuring they meet the criteria for the free course.
* Handling small amounts of money and donations and paying these in at your local Natwest.
* Communicating regularly with the EAAA First Aid Coordinator to ensure all bookings are processed correctly, and visits are followed up where necessary.

# When can I volunteer?

We are looking for somebody who is flexible with their time. An ability to attend courses in evenings and at weekends is essential.

# What we are looking for

* Must be able to travel across the county you cover to attend courses and have access to your own transport.
* Physically able to deliver all aspects of training, which will involve performing CPR on a mannequin. You will also need to be able to kneel on the floor to demonstrate.
* Confident, friendly, enthusiastic and approachable.
* Must have access to a local Natwest or be willing to travel to fundraising offices in Norwich or Melbourn to pay in donations

# What we can offer

# Full First Aid training and induction provided by EAAA, as well as ongoing support.

* The chance to make a real difference in your local community.
* Join a warm and friendly team of like-minded people.
* Travel expenses paid.

# Interested?

# For further information please call 03450 669 999 and ask to speak to someone from the volunteering team or email [volunteer@eaaa.org.uk](mailto:volunteer@eaaa.org.uk) and someone will get back to you.