

Only the Brave 10 Mile - 2018

Pos	Name	Race No.	Gender	Category	Club	Gun Time	Gun Cat Pos
1	Daniel Heath	220	Male	Wave1		01:12:29	1
2	Tim Banks	20	Male	Wave1		01:18:36	2
3	Debra Vertigan	919	Female	Wave2		01:20:09	1
4	Kate Vertigan-Wright	920	Female	Wave2		01:20:10	2
5	Stacy Tovell	454	Male	Wave1		01:20:58	3
6	Carl Muller	330	Male	Wave1		01:21:26	4
7	Benjamin Glenn	188	Male	Wave1	Team Osprey	01:21:27	5
8	Matt Cherry	567	Male	Wave2		01:22:29	1
9	James Cole	111	Male	Wave1		01:22:31	6
10	Martin Cornish	118	Male	Wave1	PSPT Warriors	01:25:03	7
11	Matthew Jones	247	Male	Wave1		01:26:15	8
12	Andrew Miller	317	Male	Wave1		01:26:51	9
13	Charlotte Waring	465	Female	Wave1	KETTLE	01:27:32	1
14	Jonathan Mccann	306	Male	Wave1	KETTLE	01:27:33	10
15	Darrel Roberts	848	Male	Wave2	Beccles Barbarians	01:27:56	2
16	Jason Walne	462	Male	Wave1		01:29:29	11
17	James Kent	255	Male	Wave1	Lovewell Blake	01:29:53	12
18	Jay Watling	941	Male	Wave2	Theres no I in UTI	01:30:08	3
19	Drew Welch	470	Male	Wave1		01:30:20	13
20	Jamie O Hara	1968	Male	Wave2		01:30:40	4
21	Stacey Harvey	214	Female	Wave1		01:30:45	2
22	Kevin Engstrom	620	Male	Wave2	Team Engers	01:31:55	5
23	Brad Rivers	367	Male	Wave1		01:32:21	14
24	Natalie Engstrom	619	Female	Wave2	Team Engers	01:33:06	3
25	Carl Jenkins	240	Male	Wave1		01:33:30	15
26	Sean Haycock	217	Male	Wave1		01:33:35	16
27	Justin Wright	483	Male	Wave1	Too old for this!	01:33:36	17
28	George Bloomfield	46	Male	Wave1	Suffolks Tough Enough!	01:34:12	18
29	Aaron Sharp	388	Male	Wave1		01:34:25	19
30	Jason King	741	Male	Wave2		01:34:40	6
31	Keiran Pidgeon	1989	Male	Wave1		01:36:11	20
32	Katie Allan	8	Female	Wave1		01:36:56	3
33	Liam Hackett	1948	Male	Wave2		01:36:57	7
34	Ruth Goodchild	192	Female	Wave1	Suffolks Tough Enough!	01:37:11	4
35	Robert Goodchild	191	Male	Wave1	Suffolks Tough Enough!	01:37:11	21
36	Lesley Scott	385	Female	Wave1	Suffolks Tough Enough!	01:37:11	5
37	Paul Martin	301	Male	Wave1	Ely Dads	01:37:17	22
38	Miron Barteczko	27	Male	Wave1		01:37:32	23
39	Christopher Butchers	82	Male	Wave1		01:38:07	24
40	Chris East	148	Male	Wave1	PSPT Warriors	01:38:27	25
41	Dale Wilcox	474	Male	Wave1	PSPT Warriors	01:38:27	26
42	Matthew Davies	129	Male	Wave1		01:39:05	27
43	Toby Thomas	447	Male	Wave1	Flagship	01:39:17	28
44	Steven Shipley	391	Male	Wave1	Flagship	01:39:18	29
45	James Shipley	390	Male	Wave1	Flagship	01:39:20	30
46	Charlie Conley	113	Male	Wave1	Flagship	01:39:20	31
47	Sam Greenacre	201	Male	Wave1	Flagship	01:39:21	32
48	Peter Mansfield	297	Male	Wave1		01:39:48	33
49	Ben Mcloone	310	Male	Wave1		01:39:49	34
50	Tom Williamson	961	Female	Wave2	Sports Team CCN	01:40:34	4
51	Mark Cullum	124	Male	Wave1	The Motley Crew	01:40:50	35
52	Huseyin Girgin	186	Male	Wave1	The Motley Crew	01:40:50	36
53	Robert Miller	1994	Male	Wave1		01:40:50	37

54	Tom Butler	84	Male	Wave1	The Motley Crew	01:40:51	38
55	David Tyrrell	457	Male	Wave1	The Motley Crew	01:40:51	39
56	Andrew Morton	327	Male	Wave1	Doctor No	01:42:06	40
57	Martin Lee	272	Male	Wave1	Doctor No	01:42:06	41
58	Nik Morosnicenko	796	Male	Wave2	#ForThomas	01:42:23	8
59	Daniel Hornbrook	231	Male	Wave1		01:42:31	42
60	Helen Busfield	80	Female	Wave1	Lovewell Blake	01:42:49	6
61	Chloe O Hara	1967	Female	Wave2		01:43:24	5
62	Mark Taylor	442	Male	Wave1	KETTLE	01:43:35	43
63	Ramos Asier	15	Male	Wave1	KETTLE	01:43:35	44
64	James Thompson	450	Male	Wave1	Jocks	01:43:47	45
65	Christopher Milne	320	Male	Wave1	Jocks	01:43:47	46
66	David Buckenham	71	Male	Wave1	Poacherspocket	01:44:13	47
67	Nicholas Long	768	Male	Wave2	SNAP	01:45:04	9
68	Ben Edwards	149	Male	Wave1	KETTLE	01:45:04	48
69	Leigh Bindley	532	Male	Wave2		01:45:07	10
70	Duane Hesford	694	Male	Wave2		01:45:07	11
71	Carl Potter	837	Male	Wave2		01:45:10	12
72	Matthew Harrington	210	Male	Wave1	Lovewell Blake	01:45:20	49
73	Mark Crawford	122	Male	Wave1		01:46:06	50
74	Michael Crawford	121	Male	Wave1		01:46:07	51
75	Luke Henry	223	Male	Wave1		01:46:29	52
76	Wayne Salmon	377	Male	Wave1		01:47:00	53
77	Phin Robinson	371	Male	Wave1	PSPT Warriors	01:47:08	54
78	Elliot Haines	1999	Male	Wave1		01:47:12	55
79	Gary Stubbs	436	Male	Wave1	Poacherspocket	01:47:26	56
80	Christopher Gaugh	1996	Male	Wave1		01:47:28	57
81	Joshua Brett	54	Male	Wave1		01:48:25	58
82	Gemma Frost	178	Female	Wave1	PSPT Warriors	01:48:31	7
83	Oscar Johnson	723	Male	Wave2		01:48:45	13
84	Jerome Trotter	1945	Male	Wave2		01:49:01	14
85	Zac Langford	268	Male	Wave1	The Planks	01:49:04	59
86	Ben Baumguertel	31	Male	Wave1	The Planks	01:49:04	60
87	Ben Devlin	139	Male	Wave1	PSPT Warriors	01:49:16	61
88	Toby Lupton	289	Male	Wave1	The Planks	01:49:28	62
89	Rory Cooke	582	Male	Wave2	Boogity Boogity	01:50:20	15
90	Chris Wright	485	Male	Wave1	TRO	01:50:33	63
91	Glen Spooner	424	Male	Wave1	4 over par	01:50:42	64
92	Owen Spooner	425	Male	Wave1	4 over par	01:50:42	65
93	Brian Elliott	150	Male	Wave1	4 over par	01:50:42	66
94	Robin Stedman	428	Male	Wave1	4 over par	01:50:42	67
95	Georgina Malster	295	Female	Wave1		01:50:50	8
96	Claire Bumstead	78	Female	Wave1		01:50:52	9
97	James Horton	703	Male	Wave2	Boogity Boogity	01:51:27	16
98	Bryn Scott Rowlands	865	Male	Wave2	Boogity Boogity	01:51:28	17
99	Jordan Miller	784	Male	Wave2		01:51:44	18
100	Chris Horton	702	Male	Wave2	Hiit Stowmarket	01:51:49	19
101	Marc King	742	Male	Wave2	Norfolk dumplings	01:52:04	20
102	Philip King	743	Male	Wave2		01:52:04	21
103	Lee Wattam	943	Male	Wave2	Norfolk dumplings	01:52:04	22
104	Jordan Trotter	914	Male	Wave2		01:52:09	23
105	Les Dowds	605	Male	Wave2		01:52:32	24
106	Pete Henshall	692	Male	Wave2		01:52:33	25
107	Megan Bray	53	Female	Wave1		01:53:10	10
108	Jason Broad	57	Male	Wave1		01:53:10	68
109	Jon Archer	498	Male	Wave2		01:53:14	26

110	Johan Brorsson	59	Male	Wave1	EposNow	01:53:16	69
111	Ignas Gambickas	180	Male	Wave1	EposNow	01:53:20	70
112	Christian Cornell	117	Male	Wave1	EposNow	01:53:21	71
113	William Wilson-North	964	Male	Wave2		01:53:51	27
114	Charlie Canham	89	Male	Wave1	CRAZY LEGS	01:54:06	72
115	Mike Briggs	56	Male	Wave1	CRAZY LEGS	01:54:13	73
116	Shal Paper	343	Male	Wave1		01:54:15	74
117	Paul Canham	88	Male	Wave1	CRAZY LEGS	01:54:27	75
118	Lewis Chapman	94	Male	Wave1		01:54:37	76
119	Caroline Brown	64	Female	Wave1		01:55:15	11
120	John Fraser	175	Male	Wave1		01:55:15	77
121	Simon Parr	827	Male	Wave2	Stow Hornets	01:55:19	28
122	James Stubberfield	893	Male	Wave2	Stow Hornets	01:55:20	29
123	Barry Aston	501	Male	Wave2	Stow Hornets	01:55:20	30
124	Adam Palmer	342	Male	Wave1	Lovewell Blake	01:55:49	78
125	Craig Osben	338	Male	Wave1	Lovewell Blake	01:55:51	79
126	Hanako Suzuki	438	Female	Wave1		01:56:27	12
127	Patrick Dickinson	140	Male	Wave1		01:56:27	80
128	Ray Clarke	98	Male	Wave1		01:56:54	81
129	Kian Guerzoni	671	Male	Wave2		01:57:10	31
130	Nathan Noonan-Smith	809	Male	Wave2		01:57:10	32
131	Georgia Cadden	559	Female	Wave2		01:57:10	6
132	Roger Sparkes	419	Male	Wave1		01:58:22	82
133	Mathew Franklin	644	Male	Wave2	Lads mud run	01:58:37	33
134	Dean Bailey	507	Male	Wave2	Lads mud run	01:58:41	34
135	Darren Powell	838	Male	Wave2		01:59:22	35
136	Clinton Sparkhall	421	Male	Wave1		01:59:41	83
137	Erika Harvey	213	Female	Wave1		01:59:41	13
138	Tina Sales	376	Female	Wave1	Full bottle fitness	01:59:42	14
139	Rachel Sparkhall	420	Female	Wave1		01:59:42	15
140	Natasha Card	90	Female	Wave1		02:00:37	16
141	Carl Millis	319	Male	Wave1	Leaders Felixstowe	02:01:16	84
142	Rebecca Jackson	239	Female	Wave1	Leaders Felixstowe	02:01:16	17
143	Rob Smith	411	Male	Wave1	PSPT Warriors	02:01:18	85
144	Sarah Lake	266	Female	Wave1	The Splashers	02:02:06	18
145	Lisa Hale	675	Female	Wave2	Sports Team CCN	02:02:32	7
146	Michael Osborn	816	Male	Wave2	TEAM LINGS	02:02:46	36
147	Ricki Lomax	765	Male	Wave2		02:03:10	37
148	Chris Oman	815	Male	Wave2	Lads mud run	02:03:14	38
149	Mark Clubley	101	Male	Wave1	KETTLE	02:04:25	86
150	Kenny Edwards	613	Male	Wave2	Sports Team CCN	02:04:47	39
151	Gemma Hurren	713	Female	Wave2		02:05:57	8
152	Jenny Desborough	138	Female	Wave1		02:06:19	19
153	James Desborough	137	Male	Wave1	PSPT Warriors	02:06:19	87
154	Zara Joyce	731	Female	Wave2	Crowe	02:06:31	9
155	George Crowe	588	Male	Wave2	Crowe	02:06:33	40
156	Harry Crowe	589	Male	Wave2	Crowe	02:06:40	41
157	Reece Dorling	603	Male	Wave2		02:06:42	42
158	Oliver Snowden	415	Male	Wave1	Louis & his little Brothe	02:06:52	88
159	Louis Snowden	414	Male	Wave1	Louis & his little Brothe	02:06:52	89
160	Luke Williams	960	Male	Wave2		02:07:44	43
161	Robert Block	536	Male	Wave2		02:07:46	44
162	Michael Robinson	850	Male	Wave2		02:07:48	45
163	Jade Kirkham	744	Female	Wave2		02:07:49	10
164	Simon Allen	494	Male	Wave2		02:07:49	46
165	Leanne Baker	508	Female	Wave2		02:07:49	11

166	Kyle Lees	1976	Male	Wave1		02:09:28	90
167	Jonathan Bruty	550	Male	Wave2		02:10:27	47
168	Craig Jamieson	715	Male	Wave2	team clements	02:10:27	48
169	Brian Hartles	1964	Male	Wave2		02:10:37	49
170	Sarah Lakey	1965	Female	Wave2		02:10:37	12
171	Dominic Gordon	193	Male	Wave1		02:10:51	91
172	Ben Challoner	93	Male	Wave1	Studio 24	02:11:03	92
173	Carlos Eriksson	153	Male	Wave1	Studio 24	02:11:24	93
174	Elinor Morgan	324	Female	Wave1	Studio 24	02:11:54	20
175	Markos Drakos	142	Male	Wave1	The Motley Crew	02:13:05	94
176	Carl Ashfield	14	Male	Wave1	The Motley Crew	02:13:05	95
177	Ben Morgan	795	Male	Wave2	#ForThomas	02:13:32	50
178	Jonathan Daniel Farmer	626	Male	Wave2	TEAM LINGS	02:14:24	51
179	Jack Austin	502	Male	Wave2	TEAM LINGS	02:14:24	52
180	Stacey Mudd	799	Female	Wave2	TEAM LINGS	02:14:24	13
181	Edward Jary	717	Male	Wave2	TEAM LINGS	02:14:24	53
182	Jake Harvey	686	Male	Wave2	TEAM LINGS	02:14:24	54
183	Ameila Jary	716	Female	Wave2	TEAM LINGS	02:14:24	14
184	Lisa Kirkby-Tigue	262	Female	Wave1		02:15:05	21
185	Caroline Kuijper	263	Female	Wave1		02:15:06	22
186	Debbie Jones	730	Female	Wave2	Dezza Group	02:15:07	15
187	Paul Fox	173	Male	Wave1	KETTLE	02:15:25	96
188	Darren Barrett	1953	Male	Wave2		02:15:43	55
189	Tom Brown	62	Male	Wave1	#teamschumann	02:17:03	97
190	Adam Brown	61	Male	Wave1	#teamschumann	02:17:05	98
191	Boffie Brown	60	Female	Wave1	#teamschumann	02:17:11	23
192	Gary Wootton	482	Male	Wave1	TRO	02:17:57	99
193	Kerrie Pimble	353	Female	Wave1		02:18:17	24
194	Adam Pimble	352	Male	Wave1		02:18:18	100
195	Barry Jessup	243	Male	Wave1		02:20:05	101
196	Jason Green	200	Male	Wave1	Womack building supp	02:20:11	102
197	Dean Plant	354	Male	Wave1		02:20:16	103
198	Lauren Kemp	253	Female	Wave1		02:20:36	25
199	Ellen Hallam	206	Female	Wave1		02:20:40	26
200	Kris Wagg	1977	Female	Wave1		02:20:50	27
201	Leanne Middleton	312	Female	Wave1		02:21:31	28
202	Adam Middleton	313	Male	Wave1		02:21:31	104
203	Melanie Green	199	Female	Wave1	Womack building supp	02:21:43	29
204	Nicholas Clarke	99	Male	Wave1		02:21:44	105
205	Kevin Parker	345	Male	Wave1		02:21:48	106
206	Roger Micklethwaite	1975	Male	Wave2		02:22:07	56
207	James Collingwood	577	Male	Wave2		02:22:18	57
208	Ruth Owen	818	Female	Wave2		02:22:20	16
209	Ian Davies	597	Male	Wave2		02:24:18	58
210	Paul Barkshire	512	Male	Wave2	TEAM LINGS	02:25:26	59
211	Daniel Lake	749	Male	Wave2	TEAM LINGS	02:25:29	60
212	Paul Hunter	709	Male	Wave2	TEAM LINGS	02:25:32	61
213	John Barkshire	513	Male	Wave2	TEAM LINGS	02:25:32	62
214	Thomas Brennan	544	Male	Wave2		02:25:52	63
215	Jody Lanchester	267	Male	Wave1		02:25:55	107
216	Chris Bullions	551	Male	Wave2	TEAM LINGS	02:26:01	64
217	Stuart Turner	917	Male	Wave2	The Health Hub	02:26:13	65
218	Craig Thaxton	444	Male	Wave1		02:26:13	108
219	Ollie Runswick	856	Male	Wave2	The Health Hub	02:26:14	66
220	Richard Davey	128	Male	Wave1		02:26:14	109
221	Lesley Smart	879	Female	Wave2	The Health Hub	02:26:14	17

222	Lindsay Bale	509	Female	Wave2		02:26:14	18
223	Leigh Carey	560	Male	Wave2		02:26:16	67
224	Emma Greenhall	666	Female	Wave2		02:26:55	19
225	Esther Gooch	655	Female	Wave2		02:26:56	20
226	Cameron Farnan	627	Male	Wave2		02:27:12	68
227	Rose Arbuthnot	497	Female	Wave2		02:27:12	21
228	Josh King	261	Male	Wave1		02:27:19	110
229	Chris Buckmaster	73	Male	Wave1	#DHS	02:27:20	111
230	Ian Franks	174	Male	Wave1	#DHS	02:27:20	112
231	Oliver Burgess	79	Male	Wave1	#DHS	02:27:21	113
232	Aaron Thompson	452	Male	Wave1	#DHS	02:27:21	114
233	William Harvey	215	Male	Wave1		02:27:21	115
234	Jessica Flaxmer	166	Female	Wave1	#DHS	02:27:22	30
235	Sam Buckmaster	74	Male	Wave1	#DHS	02:27:22	116
236	Emma Nolan	808	Female	Wave2	TEAM LINGS	02:27:34	22
237	Laura Nettleingham	803	Female	Wave2	TEAM LINGS	02:27:34	23
238	Jamie Rush	374	Male	Wave1		02:28:32	117
239	James Roper	852	Male	Wave2		02:28:41	69
240	Adam Button	558	Male	Wave2		02:28:41	70
241	Lynne Johnson	725	Female	Wave2		02:29:17	24
242	Sarah Hurren	712	Female	Wave2		02:29:17	25
243	Wayne Page	340	Male	Wave1		02:30:15	118
244	Alex Sutcliffe	895	Male	Wave2	Sisters With Blisters +:	02:30:48	71
245	Victoria Smith	880	Female	Wave2	Sisters With Blisters +:	02:30:48	26
246	Natalie Grace	660	Female	Wave2	Sisters With Blisters +:	02:30:48	27
247	David Bailey	506	Male	Wave2	Sisters With Blisters +:	02:30:48	72
248	James Grace	659	Male	Wave2	Sisters With Blisters +:	02:30:48	73
249	Paul Maynard	776	Male	Wave2	Sh*tesurfers	02:31:44	74
250	Tarriq Khan	740	Male	Wave2	Sh*tesurfers	02:31:44	75
251	Mark Warren	938	Male	Wave2	Sh*tesurfers	02:31:44	76
252	Stephen Lewis	758	Male	Wave2	Sh*tesurfers	02:31:44	77
253	Chris Gutteridge	672	Male	Wave2		02:32:21	78
254	Ali Chambers	565	Female	Wave2		02:32:21	28
255	Rhia Emerick	618	Female	Wave2		02:33:53	29
256	Ludo Wood	971	Male	Wave2		02:33:53	79
257	Emma Johnson	724	Female	Wave2	Crossfit Spitfire	02:35:30	30
258	Geoff Adams	5	Male	Wave1		02:35:45	119
259	Steve Hemp	222	Male	Wave1	Lovewell Blake	02:35:53	120
260	Charlie Watson	467	Male	Wave1	Lovewell Blake	02:35:57	121
261	Graeme Virciglio	459	Male	Wave1		02:36:28	122
262	Tracy Copsey	116	Female	Wave1		02:36:28	31
263	Alex Hobbs	227	Female	Wave1		02:36:42	32
264	Alexandra Howlett	234	Female	Wave1		02:38:56	33
265	Lauren Goldsmith	190	Female	Wave1		02:38:56	34
266	Jonathan Bonner	51	Male	Wave1		02:39:35	123
267	Marcus Lee	273	Male	Wave1		02:39:36	124
268	Mike Bool	52	Male	Wave1		02:40:08	125
269	Steve Banyard	22	Male	Wave1		02:40:09	126
270	Victoria Woodrow	973	Female	Wave2	Crossfit Spitfire	02:40:17	31
271	Mark Lloyd	762	Male	Wave2	TeamNHA	02:40:53	80
272	Faye Shipman	874	Female	Wave2	TeamNHA	02:40:53	32
273	Lucy Tilbrook	906	Female	Wave2	TeamNHA	02:40:53	33
274	Ian Hogarth	700	Male	Wave2	TeamNHA	02:40:53	81
275	Sam Bristow	547	Male	Wave2	TeamNHA	02:40:54	82
276	Richard Evans	623	Male	Wave2	TeamNHA	02:40:54	83
277	Clare Smith	881	Female	Wave2	TeamNHA	02:40:54	34

278	Katie Ogden	812	Male	Wave2	TeamNHA	02:40:54	84
279	Carly Thornton	903	Female	Wave2		02:41:38	35
280	David Cole	576	Male	Wave2		02:41:38	85
281	Mark Jones	729	Male	Wave2	Swift and Sweaty	02:41:52	86
282	Heidi Dekker	599	Female	Wave2	Swift and Sweaty	02:41:53	36
283	Jamie Walker	930	Male	Wave2	Swift and Sweaty	02:41:54	87
284	Vicki Wakeman	922	Female	Wave2	Swift and Sweaty	02:41:54	37
285	Matt Roberts	1963	Male	Wave2	Swift and Sweaty	02:41:54	88
286	Fabien Woljung	969	Male	Wave2	Swift and Sweaty	02:41:54	89
287	Sarah Atkins	16	Female	Wave1		02:42:02	35
288	Sarah Louks	283	Female	Wave1		02:42:02	36
289	Lee Skoulding	878	Male	Wave2	Swift and Sweaty	02:42:16	90
290	Paul Duncan	145	Male	Wave1	The Splashers	02:42:41	127
291	Marie Duncan	144	Female	Wave1	The Splashers	02:42:41	37
292	Jon Fowler	172	Male	Wave1	The Splashers	02:42:42	128
293	Tony Steel	429	Male	Wave1		02:43:51	129
294	Rachel Stebbing	427	Female	Wave1		02:43:52	38
295	Lewis Baxter	518	Male	Wave2	#ForThomas	02:46:13	91
296	Colin Palmer	823	Male	Wave2	#ForThomas	02:46:13	92
297	Stuart Beckingham	521	Male	Wave2	Beccles Barbarians	02:47:30	93
298	Holly Marshall	773	Female	Wave2	The Marshall Massive	02:47:49	38
299	Andrew Marshall	774	Male	Wave2	The Marshall Massive	02:47:49	94
300	Sean Higginbotham	695	Male	Wave2	Beccles Barbarians	02:48:35	95
301	Kane Bliss-Appleton	535	Male	Wave2	#ForThomas	02:48:55	96
302	Lorraine Thompson	451	Female	Wave1		02:50:50	39
303	Helen Madden	293	Female	Wave1		02:50:50	40
304	Edward Brooke	58	Male	Wave1	The Wheezing Wombæ	02:51:03	130
305	Ben Rayner	363	Male	Wave1	The Wheezing Wombæ	02:51:04	131
306	Cindy Wilson	963	Female	Wave2	Dirty Muddy Funkers	02:52:32	39
307	Gerald Coteman	119	Male	Wave1	Studio 24	02:52:44	132
308	Jamie Littwin	280	Male	Wave1	The Wheezing Wombæ	02:52:52	133
309	Billie Ann Goldsmith	654	Female	Wave2	Dirty Muddy Funkers	02:52:55	40
310	Freya Barker	511	Female	Wave2	Team Tate	02:53:06	41
311	Louisa Sharpless	872	Female	Wave2	Team Tate	02:53:06	42
312	Emma Cluett	569	Female	Wave2	Team Tate	02:53:07	43
313	Rachael Tate	897	Female	Wave2		02:53:07	44
314	Helen Horn	701	Female	Wave2	Beccles Barbarians	02:53:34	45
315	Ellie Ollett	814	Female	Wave2	Beccles Barbarians	02:53:35	46
316	Charley Haines	674	Female	Wave2	Dirty Muddy Funkers	02:53:51	47
317	Sarah Furnell	647	Female	Wave2		02:54:22	48
318	Megan Livermore	761	Female	Wave2		02:54:22	49
319	Martine Borrett	540	Female	Wave2	Crossfit Spitfire	02:55:08	50
320	Jonathan Wade	921	Male	Wave2	Nutty norfolkens	02:58:44	97
321	Mary Dsouza	608	Female	Wave2	Nutty norfolkens	02:58:44	51
322	Tracey Murrant	800	Female	Wave2	Nutty norfolkens	02:58:45	52
323	Sarah Woodhall	972	Female	Wave2	Nutty norfolkens	02:58:46	53
324	Terry Treacy	913	Male	Wave2		03:00:02	98
325	Oliver Page	820	Male	Wave2		03:04:07	99
326	Hannah Frewer	646	Female	Wave2		03:04:07	54
327	Clare Joyce	248	Female	Wave1		03:08:11	41
328	Charlotte Carter	92	Female	Wave1		03:08:13	42
329	Lucy Bennett	37	Female	Wave1		03:08:13	43
330	Jamie Palmer	822	Male	Wave2	Sports Team CCN	03:18:00	100
331	Jordan Myall	801	Female	Wave2	Sports Team CCN	03:18:00	55
332	Ruth Hedge	690	Female	Wave2	Struth	03:19:20	56
333	Claire Kershaw	738	Female	Wave2	Struth	03:19:20	57

334 Jack Dade	596 Male	Wave2	Sports Team CCN	03:27:21	101
335 Chloe Greenacre	665 Female	Wave2	Sports Team CCN	03:27:22	58
336 John Culling	592 Male	Wave2	Swift and Sweaty	03:30:55	102
337 Ian Swift	896 Male	Wave2	Swift and Sweaty	03:30:56	103
338 Oliver Walker	929 Male	Wave2		03:34:51	104
339 Luke Barnett	514 Male	Wave2		03:34:51	105
340 Vicki Gallagher	648 Female	Wave2	Sports Team CCN	03:41:27	59
341 Kelly Comper	578 Female	Wave2		03:41:27	60
342 Amy Haynes	689 Female	Wave2		03:43:38	61
343 Archie Bathgate	517 Male	Wave2		03:43:38	106